

HKDRC 38th MOUNT BUTLER (HERITAGE) RACE 2014

RUNNER'S GUIDE



THANK YOU - Thank you for joining the race. The HKDRC Mount Butler Race has a long history from 1976, is the most popular running race.

START & FINISH – Start point is located at the exit of the Public Carpark on Tai Tam Reservoir Road, race starts at 8:00am sharp. Finish point is Located at the end of Sir Cecil's Ride.

TRANSPORTATION - Free pick-up shuttle services are provided for each registered runners only at 1 of the locations below, buses depart sharp at the time below, late runners should go to the race venue by themselves.

- (1) 6:45 am - City Hall, Central (nearby coach parking area);
- (2) 6:45 am - Tin Hau MTR Station Exit A2, Electric Road, Causeway Bay;
- (3) 6:30 am – YMCA, Tsimshatsui, Hankow
- (4) 6:30 am - MTR(KCRC) Station, Somerest Road, Kowloon Tong

ASSEMBLY POINT – It is located at Wong Nai Chung Gap Road right behind the Bus Station and Sinopec Fuel Station. It serves only for on-line entry registration, luggage storage and prize presentation. Sponsor booths will also be displayed.

WATER STATIONS – There are 3 water stations at around 5.5km , 11.4km along the Mt. Parker Road and finish point. Nature Village distilled water will be distributed after finishing the race. As the area of the finishing point is limited, runners are advised to leave the area as soon as possible, by continue walking via the footpath 20m long then step down to Wong Nai Chung Road to the Gathering Point of Race Venue for collecting souvenirs and your own luggage.

LUGGAGE HANDLING – Luggage storage area will be provided. Runners are advised to put their name, race number and entered division on a luggage tag and tie it with your belongings.

TOILETS – Toilets are available at the seat-out area of the Public Carpark and the entrance of Wong Nai Chung Reservoir.

MILEAGE MARKS - Mileage board with 5.5 km, 11.4 km, last 1 km & 500 m will be placed along the course.

RACE NUMBER SYSTEM – Don't forget to bring your number bib along to the race. **NO SUBSTITUTION IS ALLOWED IN CASE OF LOST OF RUNNER'S CLOTH.** Runners will be disqualified with dishonest behavior without prior notice.

Men Open	Men Senior 1	Men Senior 2	Men Veteran 1	Men Veteran 2	Men Junior	Women Open	Women Senior	Women Veteran	Team
1???	2???	3???	4???	5???	6???	7???	8???	9???	M??? / W??? X???

**In case of insufficient number bibs, other numbers may be used for different group mentioned above.*

RACE RESULTS – ChampionChip MyLaps Bib Tags will be in-charge of the race results. There will be one sensor Tag attached on the back side of your race number. You are not allowed to tear off or damage the tag attached with the number bib.

COLLECTION OF RUNNER'S PACK – Runners on the list uploaded may collect race pack at the RACINGTHEPLANET 極地長征, flagship shop at RacingThePlanet Ltd., 22/F., 148 Wing lok Street, Sheung Wan, Hong Kong between 9 – 20 March 2014 with your ID card/passport and confirmation letter.

OFFICIAL FINISHER CERTIFICATES (HONG KONG GREEN RUNNER) – Official finisher certificates with positions and times will be mailed to the finishers one month after the race. (HKD30 / certificate)

SOUVENIRS – All finishers will receive sustainable t-shirt, towel, environmental cutlery set, towel, finisher medal and gift bag. Number bib must be presented in person for collecting. Souvenir Sales will also be launched on the race day.

BEST WISHES AND HOPE YOU ENJOY OUR RACE – GOOD LUCK
HONG KONG DISTANCE RUNNERS CLUB
HKDRC reserves the final right of decision.

2014年香港長跑會第38屆畢拿山(古蹟)越野長跑賽- 參賽者須知

多謝您們參加本賽事 - 香港長跑會畢拿山(古蹟)越野長跑賽遠自1976年是香港歷史上最悠久及最受歡迎的長跑賽。

起點及終點 - 起點位於公眾停車場出口前方與大潭水塘道交界，於早上 8 時正起步。終點則位於金督馳馬徑的盡頭。

交通安排 - 賽會提供免費接駁巴士服務(只限去程)給每一位已登記之參賽者於下列其中一個站。

- (1) 6:45am - 中環大會堂(近大巴泊車位置);
- (2) 6:45am - 天后港鐵站 A2 出口(電器道);
- (3) 6:30am - 尖沙咀青年會(漢口道);
- (4) 6:30am - 九龍塘森廣實道港鐵站(前稱火車站)

比賽集合地點 - 集合地點為白普理青年旅舍對外空地，該位置提供臨場報名(視乎報名情況)、諮詢、救護站、行李寄存、成績公佈、頒獎等。

水站 - 沿賽道設有三個水站，分別位於賽道約5.5公里、11.4公里及終點。健怡坊支裝蒸餾水將於終點派發，由於終點地方狹窄，跑手於完成賽事後需往前步行，通過約20米長小徑再下石級往比賽場地集合地點領取紀念品及閣下的行李。

行李處理 - 大會設有行李擺放區。為便於處理行李存放，賽員須要自行填寫由大會供應之行李標籤資料包括姓名，比賽號碼和參加的組別。標籤應繫於行李當眼地方。

洗手間 - 可使用公眾停車場內休憩處的洗手間及黃泥涌水塘入口的洗手間。

里數牌 - 沿賽道5.5公里，11.4公里，最後1公里和500米設有里數標誌牌。

號碼布 - 參賽者必須攜帶比賽號碼布到比賽場地，**如遺失號碼布者，賽會將不會提供額外號碼布**。本賽事禁止參賽者使用非屬本賽事或參賽者本人的號碼布作賽，一經發現，大會有權於無須通知的情況下立即取消其資格。

男子 公開組	男子 高級1組	男子 高級2組	男子 元老1組	男子 元老2組	男子 青年組	女子 公開組	女子 高級組	女子 元老組	隊際
1???	2???	3???	4???	5???	6???	7???	8???	9???	M??? / W??? X???

*若指定組別號碼布不足可能會被用其他組別代替。

賽事成績 - 採用ChampionChip MyLaps Bib Tags計時系統，一塊貼於號碼布背面Bib Tag，用於計算時間成績。敬請參賽者切勿撕毀或破壞號碼布上的Bib Tag。

領取參賽者物品包 - 參賽者請於指定日期內 (2014 年 3 月 9-20 日)，攜帶身份證明文件及確認信前往 RACINGTHEPLANET 極地長征 - 店舖地址 “RacingThePlanet Ltd., 香港上環永樂街 148 號 22 樓”領取參賽者物品包。參賽者名單已上載於本會網頁。其餘參賽者請於比賽當天提前到達於比賽場地領取。

賽會認可成績證書(香港綠色賽員) - 印有完賽者的名字、名次及時間的精美證書，將於一個月內以郵寄給已繳付費用(港幣30元正)的完賽者。

紀念品 - 完賽者可出示號碼布領取T恤、毛巾、環保餐具、獎牌及禮物袋。

售賣紀念品 - 我們將於賽事當天售賣紀念品，大量過往剩餘的賽事紀念品將割價發售。而售出所得之現金，部份撥作發展及推動環保長跑工程用途。售賣紀念品活動將於女童軍新德倫訓練中心(即集合地點右方)舉行。

查詢 (Enquiry) - ENQUIRY@HKDRC.ORG

謹此至誠，希望您們可以享受到這個既刺激而又歡樂的賽事 - 預祝您們好運

香港長跑會

香港長跑會保留任何最終權利。